



Yoga Unwrapped©
Foundation Yoga Teacher Training:
200 Hours

Course Policy

Saltaire, Bradford, West Yorkshire

April - November 2023

Course Fees & Refund Policy

Discount on acceptance on this programme:

£2,850 Early Bird Discount Fee - Paid In Full.

Available to pay by instalments – please see details below.

(Includes Non refundable Deposit at time of booking: £850 required to confirm your place on the course).

Installment Payment Plan

Deposit of £850 – Non refundable Deposit at time of booking: £850 required to confirm your place on the course. Then 5 monthly instalments of £400 from 1st November to 1st March OR 1st December to 1st April. Example Plan Below: – full amount to be received by 1st April 2023.

- Payment of £400 required by 1st November 2022
- Payment of £400 required by 1st December 2022.
- Payment of £400 required by 1st January 2023.
- Payment of £400 required by 1st February 2023.
- Payment of £400 required by 1st March 2023.

On this payment plan you are bound contractually to fulfil the full payment schedule even if you are to leave the course. By accepting these terms you agree to be responsible for all full payment for the entire course of the programme, regardless of whether you attend all the sessions.

We reserve the right to pursue a claim against you for any outstanding fees and losses arising from any delayed or deferred payment. We also reserve the right to pass on your debt to our appointed recovery specialists who will recover the funds on our behalf: this route will inevitably incur additional charges and fees.

£3,150 Standard Course Fee.

(Includes Non refundable Deposit at time of booking: £850 required to confirm your place on the course).

£3450 Standard Course Fee - Paid In Instalments. Please see the details below.

Non refundable Deposit at time of booking: £850 required to confirm your place on the course. Then 5 monthly instalments of £460 from 1st December to 1st April – full amount to be received by 1st May 2023

Payment of £460 required by 1st January 2023.

- Payment of £460 required by 1st February 2023.
- Payment of £460 required by 1st March 2023.
- Payment of £460 required by 1st April 2023.
- Payment of £460 required by 1st May 2023.

On this payment plan you are bound contractually to fulfil the full payment schedule even if you are to leave the course. By accepting these terms you agree to be responsible for all full payment for the entire course of the programme, regardless of whether you attend all the sessions.

We reserve the right to pursue a claim against you for any outstanding fees and losses arising from any delayed or deferred payment. We also reserve the right to pass on your debt to our appointed recovery specialists who will recover the funds on our behalf: this route will inevitably incur additional charges and fees.

In the scenario that you are not booking until after the next payment instalment is required then the balance of the missed months must be paid. For example you book after 1st March the first payment you make to confirm your booking would be the total of Non Refundable Deposit + January payment + February payment. Please refer to cancellation policy below for more information on this.

Should you need to cancel your place, the following policy applies:

- Prior to 1 month days of training start date: 50% of your payments, not including the £750 non refundable deposit.
- On this payment plan you are bound contractually to fulfil the full payment schedule even if you are to leave the course. Prior to 1 month days of training start date: 50% of your contract payment plan amount, not including the £850 non-refundable deposit.
- If you cancel with less than 30 days notice: Any cancellations must be sent in writing to Heather at Heather Yoga info@heatheryoga.co.uk. No evidence is required.

What's Included:

Tuition

with Senior Yoga Teacher, Heather Gregg & Guest Teachers

Course Manual

Extensive course manual, practice sequences and audio downloads, limited edition HY personal practice diaries. Final Assessment & Certificate.

121 Coaching Calls

Midway through and towards the end 'Review & Growth' coaching calls with Heather.

Access To Content Library

All sessions are recorded and available via the online course portal for the duration of the training and six months after graduating. (Excludes Sudhir's Philosophy sessions which are available on request)

Group Mentoring & Support Calls

Scheduled live calls with Heather via Zoom to ensure regular group contact between training weekends and allow opportunities for students to share and discuss any issues or queries relating to their practice or ongoing development.

Accountability Buddy System

Each month you will be paired with a new buddy for support, guidance, and connection as you go on this journey of growth and transformation together.

Heather Yoga Classes & Workshops Special Discount

A special unlimited class pass for £45 per month or 8 months Unlimited classes pass for the duration of the course at £330. Plus 15% discount off selected workshops, guest teacher workshops & immersions for the full duration of the training.

Heather Yoga Practice Diary & Yoga Top

Limited Edition HY personal practice journal and our 'Choose Yoga' t-shirt.

Yoga Alliance Professionals Membership & Insurance.

Trainee membership & insurance with Yoga Alliance Professionals which covers you for the duration of this training, and up to 2 teaching hours per week.

Assignments

Homework Assignments throughout the course & Final Practical Assessment.
Community Group Access Access to a Private Facebook Community Group for the course.

Not Included: Books, Additional Catch Up Sessions, marking late assignments, food, accommodation, travel. If any days are missed we will be required to book & attend a Catch Up Day at an additional cost of £150/half day – the cost can be split between participants if applicable.

Frequently Asked Questions on Refund Policy

What happens if I need to leave or can't complete the training?

Due to the very limited group size and financial commitments involved in hosting a training, the course fees are non-refundable if you leave the training.

What happens if I become pregnant?

In the event that you become pregnant, Heather will be as flexible as possible and support you to work out the best way to complete the course.

What happens if I get injured?

In difficult circumstances e.g. injury, Heather will be as flexible as possible and support you to work out the best way forward to complete the course. Subject to prior consultation with a fully qualified medical practitioner, if you suffer an injury you may come to sessions and adjust the poses to suit your condition or observe as is appropriate.

COVID

The Course Contingency Plan & Attendees Showing Symptoms:

In the event of an outbreak of COVID-19 and additional local restrictions being enforced we will be unable to run 'in-person' training days with Heather at our yoga shala in Saltaire/ Shipley. In this situation, the following information outlines our response to the running of the course:

- We will livestream our training sessions via Zoom.
- All sessions (excluding Sudhir's sessions) will be recorded and then made available on a learning management system Teachable - both of which are high quality platforms and super easy to use & access for recordings of live sessions, as well as any pre-recorded content and any supporting documents.
- The recordings of these live sessions with Heather will be made available for the duration of the course.
- Please note all guest teacher sessions are already planned to be taught online only. Each session will be recorded and the content of which will be available on a chosen platform for 7 days following the date of the session.
- Our contingency plan is compliant with contact hour requirements from Yoga Alliance Professionals & US and you will still receive your teaching certificate.
- We are very confident about distant learning and our online services. Should this course at times be moved online, it won't lessen the high calibre and integrity of our teaching and trainee experience.
- We know how we will utilise livestream platforms to improve and support both the practice and learning experience for the student.
- Our cancellation policy still remains the same and you are responsible for attending this Yoga Teacher Training Course you have booked with Heather Yoga. We do not hold the responsibility for any failure on your part to attend sections or all of this Course that you have booked, no matter what the reason/s are.
- You are responsible for ensuring that you complete this Yoga Teacher Training Course within the allocated time frame.
- Transfer to a future Yoga Teacher Training Course (if available) will incur administration costs and additional charges.
- In the situation you are showing symptoms of Covid-19 at any time for our training weekends in the physical space then please contact Heather Yoga and we will make alternative arrangements for you.