

HEATHER

Yoga Unwrapped© Retreat

South Goa, India

28th November – 5th December 2026

Price, Payment and Cancellation Policy – Please read carefully:

The Price:

Shared Occupancy:

£899 Early Bird per person. **Available until 1st June**

£999 Full Price per person.

For double/ twin sharing accommodation – that’s sharing a room with someone and with everything that’s included in the package.

Single Occupancy:

£1099 Early Bird per person/room. **Available until 1st June**

£1199 Full Price per person/ room.

That’s a room to yourself and with everything that’s included in the package.



PRICE INCLUDES:

- Accommodation for 7 nights/ 8 Days. The beautiful beach-facing wooden bungalows with sprung mattress beds are simple, comfortable and natural.
- Three scrumptious vegan meals a day.
- Yoga, meditation, breathwork sessions each morning and most evenings.
- Morning routine self-care toolkit.
- Complimentary dolphin trip
- Guided walks to other beaches.
- Individual feedback on practice.
- Taxi from Agonda to retreat after our sunset walk.
- Wifi on retreat location

PRICE DOES NOT INCLUDE:

- Flights
- Visa
- Travel Insurance
- Airport transfers
- Flight cancellations and fees..
- Any other cancellations if you are unable to travel due to Covid, illness, any other circumstances.
- Any other travel if you decide to leave the retreat location.
- Any meals outside of the retreat package and location
- Massages and other treatments on the retreat site
- Anything that is not mentioned in the package and price.



You will arrive on the first day of the retreat Saturday 28th November at around 4pm and time for yourself to settle in to your beach location home for the next 7 days, and then enjoy late afternoon practice and dinner.

Departure on the last day of the retreat Saturday 5th December will be after morning practice and brunch.

Room check out time is 12 noon.

Please book your flight times accordingly.

Please note any extra nights accommodation is not available at the location but there are plenty of fantastic options in beaches down the coast at Agonda and Patnem.

Transport between the airport & retreat location can be organised but is in addition to the retreat price. Please enquire and we can happily arrange pickup for you.

Payment:

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| A non refundable deposit of £450 is required to book & secure your space/s. |
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| The balance is due by 30th October 2026 which is 4 weeks before the start of the retreat. |
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If you would like to spread the cost of your retreat we can arrange payment by instalments. Please contact us for full details.

Follow carefully read and follow these steps to pay your deposit securely via Wise.com using the bank transfer method:

Step 1: Go to Wise.com (website not the app)

Log in to your Wise account.

If you don't have one, you'll need to create a free personal account at www.wise.com.





✔ Step 2: Click “Send” to send money

Choose “Send” from your dashboard.

Select “Add New Recipient”

Choose “Indian Rupees” for the correct currency

Enter the amount you need to send - Wise will do the conversion to rupees. (Wise will charge a transfer fee which is included in the amount you are paying)

Select “Sending to a business” when asked who you’re sending money to.

✔ Step 3: Choose Payment Type

When asked what the payment is for, select “Paying for services” (or equivalent).

Include the invoice number - add your initials to the end:

2026RETREAT[YourInitials]

Example: 2026RETREATAB (for Alice Brown)

This helps us match your payment quickly and smoothly.

This ensures your payment is processed properly and for the correct purpose.

✔ Step 4: Enter Our Business Bank Details

You’ll need to manually enter the recipient bank details:

Bank Name: HEATHER WELLBEING LIFESTYLE

Account Name: HDFC

Account Number: 50200104797408

IFSC Code: HDFC0000817





✔ **Step 5: Choose “Bank Transfer” as Your Payment Method**

Select Manual Bank Transfer (not debit card or credit card).

Wise will now provide their own account details for you to transfer the funds to (this is not our account — it’s Wise’s intermediary account and keeps the transfer fees at the lowest).

✔ **Step 6: Make the Transfer from Your Personal Bank**

Open your personal online/mobile banking.

Use the Wise bank details provided on screen to transfer the amount.

Use the reference number given by Wise (not the invoice number) for this transfer — this is how Wise links your bank transfer to your payment.

✔ **Step 7: Wait for Confirmation**

Wise will notify you once the payment has been received and transferred to us.

You’ll also receive confirmation from our side once we’ve received the funds.

All remaining balance must be made via Wise either in instalments or in one payment before January 30th 2026, using your reference above:

2026RETREAT[YourInitials]

Example: 2026RETREATAB (for Alice Brown)





Refund Policy:

We hope you don't, but should you have to cancel your booking, our refund policy is as follows:

The deposit is 100% non-refundable under any circumstance.

The balance must be paid 4 weeks before the retreat start date (due 30th October)

- 8 weeks before or less – no refund. *
- 8 - 12 weeks before - 25% minus the non-refundable deposit. *
- 12 - 16 weeks before - 50% minus the non-refundable deposit. *
- More than 16 weeks before - full refund of money paid minus the non-refundable deposit.

*If the space/s left by the cancelled party can be filled by another party then a part refund of (minus the full deposit) could be available.

No exceptions can be made to this policy under any circumstances unless Heather Yoga are to cancel the event in which arrangements would be made for returning deposits. In the unlikely event this was to occur Heather Yoga are responsible for refund on the money only which has been paid by you for this retreat.

Please see notes below about other important information including your insurance.

Covid Contingency:

Due to Covid-19 and the possibility of some kind of virus, pandemic or issue causing the world to shut down - the deposit is still non-refundable, and your booking will be carried over to another date. If you have paid in full - the balance after the non-refundable deposit will be paid back to you but the deposit will be held and carried over to the new retreat dates.



Insurance:

It is a condition of this holiday that each person has personal travel insurance appropriate to activity and fitness centered holidays and cover for travel expenses in case of cancellation.

We recommend that all customers have adequate travel, cancellation and medical insurance for the duration of the trip. Heather Yoga can accept no liability for customers.

The customer must comply fully with all and any health and safety regulations introduced by Heather Yoga. The customer must ensure that he/she is medically and physically fit and able to use our facilities and participate in activities. Customers who have injuries or illnesses are advised to seek doctors' advice if practicing yoga.

Heather Yoga is not liable for any injuries to the customer in his/her use of our facilities or participation in activities. A customer must always stop and rest if he/she is feeling any pain or sickness and inform the teacher of any previous injuries.

Heather Yoga cannot accept any responsibility for loss or damage of personal possessions or valuables of the customer.

In the event of a customer having any complaint then he/she will not discuss this with any third party and shall notify the manager as soon as possible.

Heather Yoga accepts no liability for loss, damage, injury or illnesses which may be received during the customer's stay or travelling to and from the retreat.

Heather Yoga shall not be liable for any failures beyond its control. This covers natural disasters, war, 'acts of God', closure of airports, civil strife, accidents or failure to perform by third parties, including suppliers and subcontractors. Should 'force majeure' impede or prevent Heather Yoga Ltd from hosting a retreat or should the client decide to cancel based on events of 'force majeure' there is a zero refund policy. Heather Yoga Ltd will do its best to offer alternative options, such as credit redeemable for a later retreat.

Visa:

Indian Visa Is Essential to Travel!

All foreign nationals visiting India require a visa to enter India.

<https://indianvisaonline.gov.in>

UK passport holders and many other nationalities can now get an online eVisa for a stay of up to 60 days. **This is the one we recommend for your retreat**

trip. <https://indianvisaonline.gov.in/evisa/tvoa.html>





How To Get There:

There are now 2 airports in Goa -

The retreat location is roughly a 60-minute taxi journey from the Goa airport (**Dabolim International airport**) which is in South Goa.

There is also **Manohar International Airport/ Mopa Airport** in North Goa - This is around 2 hours 30mins away from the retreat location.

International charter flights and national flights arrive at both Goa airports.

You will find direct flights to Goa Mopa/ Manohar airport including Tui from Gatwick & Manchester. <https://www.tui.co.uk>

And there are many flights which involve 1 change.

For International flights from UK to Goa/ India try site like:

www.skyscanner.net <https://www.cheapflights.co.uk/flights/Goa/>

Or call:

www.southalltravel.com

Domestic flights fly from Mumbai, Delhi, Bangalore, Kochin and Chennai.

For domestic flights there's India companies including Jet Airways and SpiceJet

and www.makemytrip.com.

Transport From Airport

Heather Yoga can organise a local taxi to collect you up from the South Goa (Dabolim only) airport or North Goa (Mopa/ Manohar International) and transfer to the retreat location if you provide us with your flight details. **Airport transfers are not included in the package.**

If you are going to another part of Goa first before heading to the retreat - there are Pre-pay government taxis available as you exit the airport terminal.

