HEATHER YOGA

TEACHER TRAINING DATES

MAY - OCTOBER 2027

THURSDAY 6TH MAY - SUNDAY 9TH MAY
THIS FIRST WEEKEND IS A 4 DAY WEEKEND AND ALL DAY STUDIO WITH HEATHER FOR EACH DAY

The other training weekends are as follows:
FRIDAY 4TH - SUNDAY 6TH JUNE
SATURDAY 19TH - SUNDAY 20TH JUNE
FRIDAY 16TH - SUNDAY 18TH JULY
FRIDAY 13TH - SUNDAY 15TH AUGUST
FRIDAY 3RD SEPTEMBER
SATURDAY 11TH - SUNDAY 12TH SEPT
FRIDAY 1ST - SUNDAY 3RD OCTOBER
FRIDAY 8TH - SUNDAY 10TH OCTOBER

FRIDAYS ARE MOSTLY ONLINE DAYS AND WILL RUN EITHER 9:30AM - 1:30PM OR ALL DAY WITH HEATHER & SUDHIR
(Except for 1. Friday 3rd September with Sudhir which will run on a different weekend to the in-studio dates for that month and is in person and 2. Fridays 1ST & 8TH October for in studio assessments)

SATURDAY - SUNDAY ARE IN STUDIO DAYS (9:30AM - 5:30PM)

ALL SESSIONS WHETHER STUDIO OR ONLINE WILL HAVE ZOOM OPEN FOR RECORDINGS OF THE SESSIONS

HEATHER YOGA

TEACHER TRAINING 2027 SCHEDULE AND GUEST TEACHERS

WEEKEND ONE

THURSDAY 6TH MAY - SUNDAY 9TH MAY

THURSDAY 6TH MAY STUDIO
9:30AM - 1:30PM **with Heather**
2:30PM – 5:30PM **with Heather**

FRIDAY 7TH MAY ONLINE
9:30AM - 1:30PM **Sudhir**
2:30PM - 5:30PM **Heather**

SATURDAY 8TH MAY STUDIO
9:30AM - 1:30PM **with Heather**
2:30PM – 5:30PM **with Heather**

SUNDAY 9TH MAY STUDIO
9:30AM - 1:30PM **with Heather**
2:30PM – 5:30PM **with Heather**

WEEKEND TWO

FRIDAY 4TH - SUNDAY 6TH JUNE

FRIDAY 4TH JUNE ONLINE
9:30AM - 1:30PM **with Sudhir**
2:30PM - 5:30PM **with Heather**

SATURDAY 5TH JUNE STUDIO
9:30AM - 1:30PM **with Heather**
2:30PM - 5:30PM **with Heather**

SUNDAY 6TH JUNE STUDIO
9:30AM - 1:30PM **with Heather**
2:30PM - 5:30PM **with Heather**

HEATHER YOGA

WEEKEND THREE

FRIDAY 18TH JUNE – SUNDAY 20TH JUNE

FRIDAY 18TH JUNE STUDIO
9:30AM - 1:30PM **Heather**
2:30PM - 5:30PM **Heather**

SATURDAY 19TH JUNE STUDIO
9:30AM - 1:30PM **Heather**
2:30PM - 5:30PM **Heather**

SUNDAY 20TH JUNE STUDIO
9:30AM - 1:30PM **Heather**
2:30PM - 5:30PM **Heather**

WEEKEND FOUR

FRIDAY 16TH JULY - SUNDAY 18TH JULY

FRIDAY 16TH JULY ONLINE
9:30AM - 1:30PM **Sudhir**
2:30PM - 5:30PM **Heather**

SATURDAY 17TH JULY STUDIO
9:30AM - 1:30PM **Heather**
2:30PM - 5:30PM **Heather**

SUNDAY 18TH JULY STUDIO
9:30AM - 1:30PM **Heather**
2:30PM - 5:30PM **Heather**

HEATHER YOGA

WEEKEND FIVE

FRIDAY 13TH - SUNDAY 15TH AUGUST

FRIDAY 13TH AUGUST ONLINE
9:30AM - 1:30PM **Sudhir**
2:30PM - 5:30PM **Heather**

SATURDAY 14TH AUGUST STUDIO
9:30AM - 1:30PM **Heather**
2:30PM - 5:30PM **Heather**

SUNDAY 15TH AUGUST - STUDIO
9:30AM - 1:30PM **Heather**
2:30PM - 5:30PM **Heather**

WEEKEND SIX

FRIDAY 3RD SEPTEMBER & SATURDAY 11TH & 12TH SEPTEMBER

FRIDAY 3RD SEPTEMBER STUDIO
9:30AM - 1:30PM **Sudhir**

SATURDAY 11TH SEPTEMBER - STUDIO
9:30AM - 1:30PM **Heather**
2:30PM - 5:30PM **Heather**

SUNDAY 12TH SEPTEMBER - STUDIO
9:30AM - 1:30PM **Heather**
2:30PM - 5:30PM **Heather**

HEATHER YOGA

WEEKEND SEVEN - STUDIO INCLUDES ASSESSMENT CLASSES

FRIDAY 1ST - SUNDAY 3RD OCTOBER

FRIDAY 1ST OCTOBER STUDIO INCLUDES ASSESSMENT CLASES
9:30AM - 1:30PM **Heather**
2:30PM - 5:30PM **Heather**

SATURDAY 2ND OCTOBER STUDIO
9:30AM - 1:30PM **Heather**
2:30PM - 5:30PM **Heather**

SUNDAY 3RD OCTOBER STUDIO
9:30AM - 1:30PM **Heather**
2:30PM - 5:30PM **Heather**

WEEKEND EIGHT - STUDIO INCLUDES ASSESSMENT CLASSES & GRADUATION

FRIDAY 8TH - SUNDAY 10TH OCTOBER

FRIDAY 8TH OCTOBER STUDIO
9:30AM - 1:30PM **Heather**
2:30PM - 5:30PM **Heather**

SATURDAY 9TH OCTOBER STUDIO
9:30AM - 1:30PM **Heather**
2:30PM - 5:30PM **Heather**

SUNDAY 10TH OCTOBER STUDIO FINAL DAY AND GRADUATION
9:30AM - 1:30PM **Heather**
2:30PM - 5:30PM **Heather**